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# ***Effect of Remibrutinib on Sleep and Daily Activities in Patients with Chronic Spontaneous Urticaria: Results from the Phase 3 Studies***

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ORAL Session OAS10 (000546)  
Advances in Chronic Urticaria treatment  
Saturday, 01 June 2024

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# 1 Disclosures and Acknowledgements

In relation to this presentation, the following real or perceived conflicts of interest were declared:

**AGA** is or recently was a speaker and/or advisor for and/or has received research funding from Almirall, Amgen, AstraZeneca, Avene, Celldex, Escient Pharmaceuticals, Genentech, GSK, Instituto Carlos III- FEDER, Leo Pharma, Menarini, Mitsubishi Tanabe Pharma, Novartis, Sanofi-Regeneron, Servier, Thermo Fisher Scientific and Uriach Pharma / Neucor; **MH** has received lecture and/or consultation fees from Kyowa-Kirin, Kaken Pharmaceutical, Kyorin Pharmaceutical, Mitsubishi Tanabe Pharma, Novartis, TAIHO Pharmaceutical, Teikoku Seiyaku and Sanofi/Regeneron; **ML** is an employee of Mount Sinai and receives research funds from AbbVie, Amgen, Arcutis, Avotres, Boehringer Ingelheim, Dermavant Sciences, Eli Lilly, Incyte, Janssen Research & Development, LLC, Ortho Dermatologics, Regeneron, and UCB, Inc., and is a consultant for Aditum Bio, Almirall, AltruBio Inc., AnaptysBio, Arcutis, Aristea Therapeutics, Arrive Technologies, Avotres Therapeutics, BiomX, Boehringer Ingelheim, Bristol Myers Squibb, Cara Therapeutics, Castle Biosciences, Corrona, Dermavant Sciences, Dr. Reddy's Laboratories, Evelo Biosciences, Evommune, Inc., Facilitation of International Dermatology Education, Forte Biosciences, Foundation for Research and Education in Dermatology, Helsinn Therapeutics, Hexima Ltd., LEO Pharma, Meiji Seika Pharma, Mindera, Pfizer, Seanergy and Verrica; **GS** has received research support from Aimmune, Amgen, AstraZeneca, DBV Technologies, Genentech, Kedrion S.p.A, Leo Pharma, Novartis, Nuvo Pharmaceuticals, Sanofi, Stallergenes, Merck, Schering Plough, Regeneron and ALK; is a medical advisor and/or has received payment for lectures from Merck, Novartis, CSL Behring, Pfizer, Anaphylaxis Canada, the Allergy Asthma and Immunology Society of Ontario and the Canadian Hereditary Angioedema Network; **SS** has received grant/research/clinical trial support from the National Institutes of Health, Novartis, Sanofi, Amgen, and Regeneron and is a consultant/advisory board member for Allakos, Granular Therapeutics, Novartis, Aquestive, Regeneron, Escient, Innate, Celltrion and Sanofi; **SH** and **E-D M** are employees of Novartis Pharma AG; **NS** is an employee of Novartis Pharma KK; **PW** is an employee of Novartis (China) Biomedical Research; **MM** is or recently was a speaker and/or advisor for and/or has received research funding from Allakos, Alvotek, Amgen, Aquestive, Aralez, AstraZeneca, Bayer, Celldex, Celltrion, Evommune, GSK, Ipsen, Kyowa Kirin, Leo Pharma, Lilly, Menarini, Mitsubishi Tanabe Pharma, Moxie, Noucor, Novartis, Orion Biotechnology, Resonance Medicine, Sanofi/Regeneron, Septerna, Third HarmonicBio, ValenzaBio, Yuhan Corporation and Zurabio.

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## CSU symptoms can adversely affect sleep and daily activities<sup>1,2</sup>

- **CSU** causes substantial **sleep interference**, which occurs almost **twice as frequently** as that seen in **individuals without CSU**<sup>2</sup>
- **Reduction of urticaria disease activity** helps to **alleviate sleep** and **daily activity** interference<sup>1</sup>
- **Remibrutinib** is an **oral, highly selective Bruton's tyrosine kinase inhibitor** that offers early (Week 2) and **sustained symptom control** in patients with CSU who remain symptomatic despite treatment with **second-generation H1-antihistamines**.

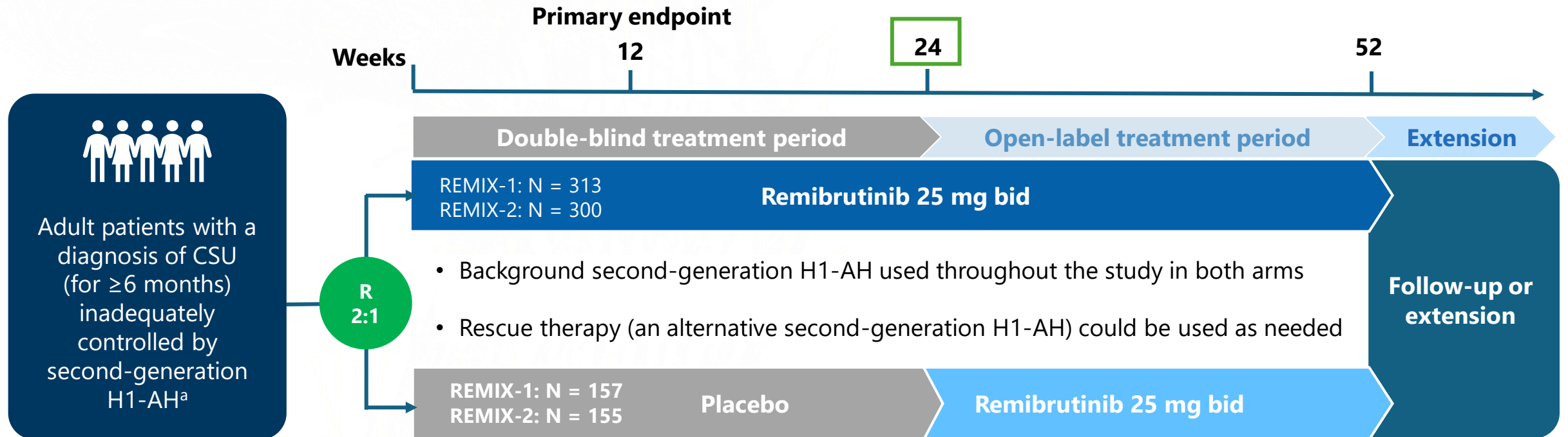
This figure has been published in the New England Journal of Medicine.  
It can be found by clicking here: [Metz M, et al. N Engl J Med. 2025;392\(10\):984-94](#).

Herein, we present the **effect of remibrutinib** on **sleep and daily activities** in patients with **CSU** up to **Week 24** of the **Phase 3 REMIX-1** (NCT05030311)<sup>3</sup> and **REMIX-2** (NCT05032157)<sup>4</sup> studies

BTK, Bruton's tyrosine kinase; CSU, chronic spontaneous urticaria; FcεRI, high-affinity IgE receptor; H1, histamine-1; Ig, immunoglobulin; LYN, LCK/YES novel tyrosine kinase; SYK, spleen tyrosine kinase.

1. Giménez-Arnau A, et al. *Clin Transl Allergy*. 2022;12(2):e12121; 2. Balp MM, et al. *Patient*. 2015;8(6):551-8. 3. ClinicalTrials.gov. NCT05030311. Accessed April 22, 2024. <https://classic.clinicaltrials.gov/ct2/show/NCT05030311>. 4. ClinicalTrials.gov. NCT05032157. Accessed April 22, 2024. <https://classic.clinicaltrials.gov/ct2/show/NCT05032157>

## REMIX-1 and REMIX-2 are two Phase 3, randomised, placebo-controlled studies of remibrutinib 25 mg bid administered orally



AH, antihistamine; bid, twice daily; CSU, chronic spontaneous urticaria; H1, histamine 1; HSS7, weekly Hives Severity Score; ISS7, weekly Itch Severity Score; N, number of patients; R, randomisation; UAS7, weekly Urticaria Activity Score.

<sup>a</sup> Presence of itch and hives for ≥6 consecutive weeks prior to screening despite the use of a second-generation H1-antihistamine; UAS7 score ≥16, ISS7 score ≥6, and HSS7 score ≥6 during the 7 days prior to randomization (day 1).

## The following exploratory outcomes from REMIX-1 and REMIX-2 were assessed:

### Weekly Sleep Interference Score (SIS7)

- **Daily sleep interference** was scored on a **scale of 0 to 3**



Question in patients' e-diary

Q. Please rate how much your hives or itch interfered with your sleep during the past 24 hours.

Scoring	Effect on patients' sleep
0	No interference
1	<b>Mild</b> , little interference with sleep
2	<b>Moderate</b> , awoke occasionally, some interference with sleep
3	Substantial, woke up often, <b>severe</b> interference with sleep

### Weekly Activity Interference Score (AIS7)

- **Daily activity interference** was scored on a **scale of 0 to 3**

- Daily activities could include work, school, sports, hobbies and activities with friends and family



Q. Please rate how much your hives or itch interfered with your daily activities during the past 24 hours.

Scoring	Effect on patients' daily activities
0	No interference
1	<b>Mild</b> , little interference with daily activities
2	<b>Moderate</b> , some interference with daily activities
3	Substantial, <b>severe</b> interference with daily activities

The weekly scores, **SIS7** and **AIS7** ranged from **0 to 21**  
**Lower** scores indicate **lower impact** on sleep or activity

### Assessments

- Change from baseline in SIS7 (**CFB-SIS7**) over time
- Proportion of patients with no impact of CSU on sleep (**SIS7=0**) over time

### Assessments

- Change from baseline in AIS7 (**CFB-AIS7**) over time
- Proportion of patients with no impact of CSU on daily activities (**AIS7=0**) over time



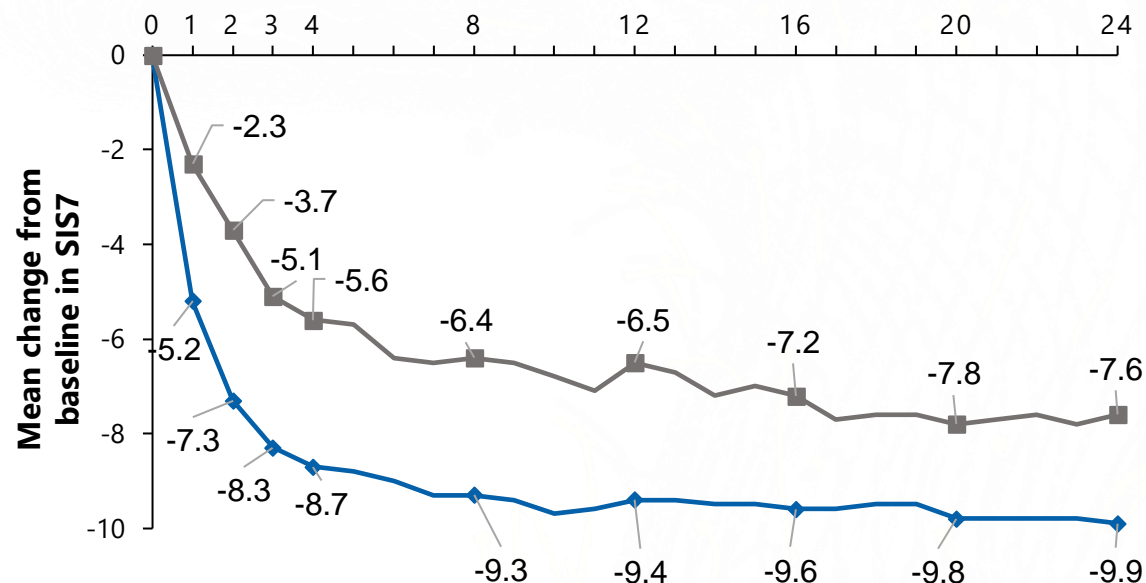
**This table has been published in the New England Journal of Medicine.  
It can be found by clicking here: [Metz M, et al. N Engl J Med. 2025;392\(10\):984-94](#).**



# Remibrutinib Reduced the Impact of CSU on Sleep (CFB-SIS7), Observed as Early as Week 1, with Continued Improvements up to Week 24<sup>a</sup>

REMIX-1

Week



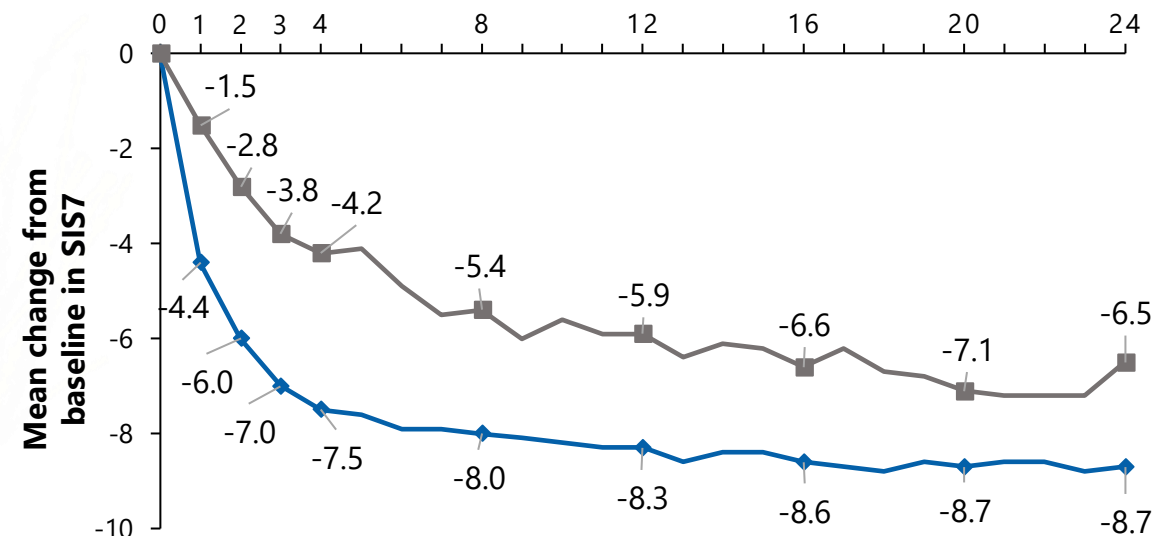
Remibrutinib 25 mg bid (N=309)

Placebo (N=153)

BL SIS7<sup>a</sup> (mean ± SD): **12.7 ± 5.4** (remibrutinib); **12.3 ± 5.4** (placebo)

REMIX-2

Week



Remibrutinib 25 mg bid (N=297)

Placebo (N=153)

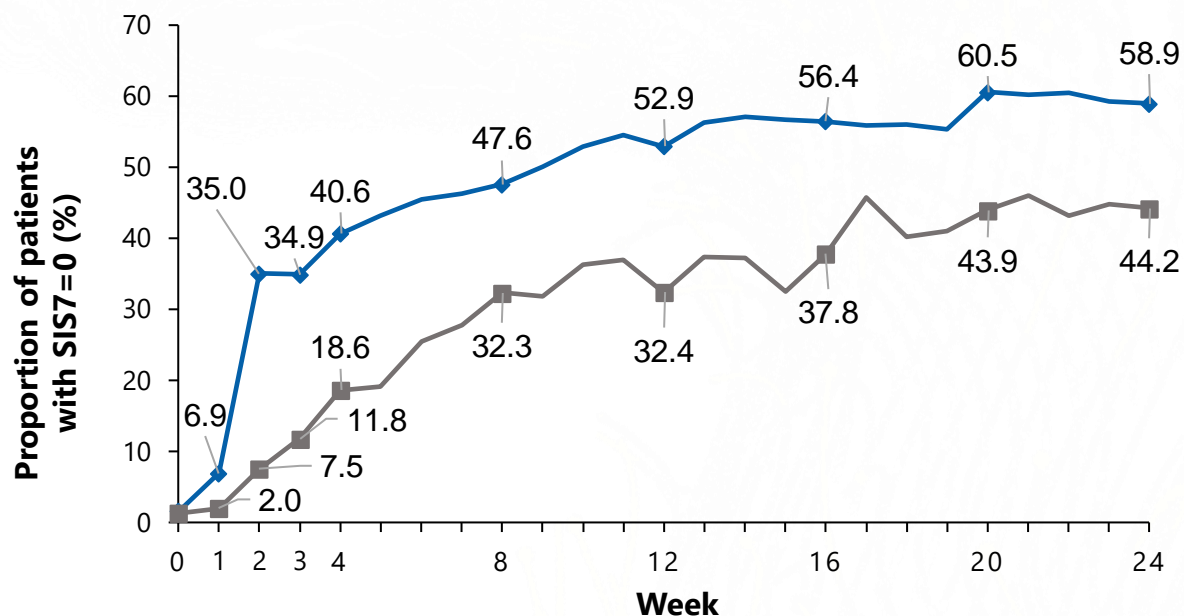
BL SIS7<sup>a</sup> (mean ± SD): **11.8 ± 5.6** (remibrutinib); **12.1 ± 5.0** (placebo)

bid, twice daily; BL, baseline; CFB, change from baseline; CSU, chronic spontaneous urticaria; N, number of patients on each treatment arm; SIS7, weekly Sleep Interference Score.

<sup>a</sup>Full analysis set; observed data.

# Greater Proportion of Patients on Remibrutinib vs Placebo Experienced Undisturbed Sleep (SIS7=0)<sup>a</sup> Through to Week 24

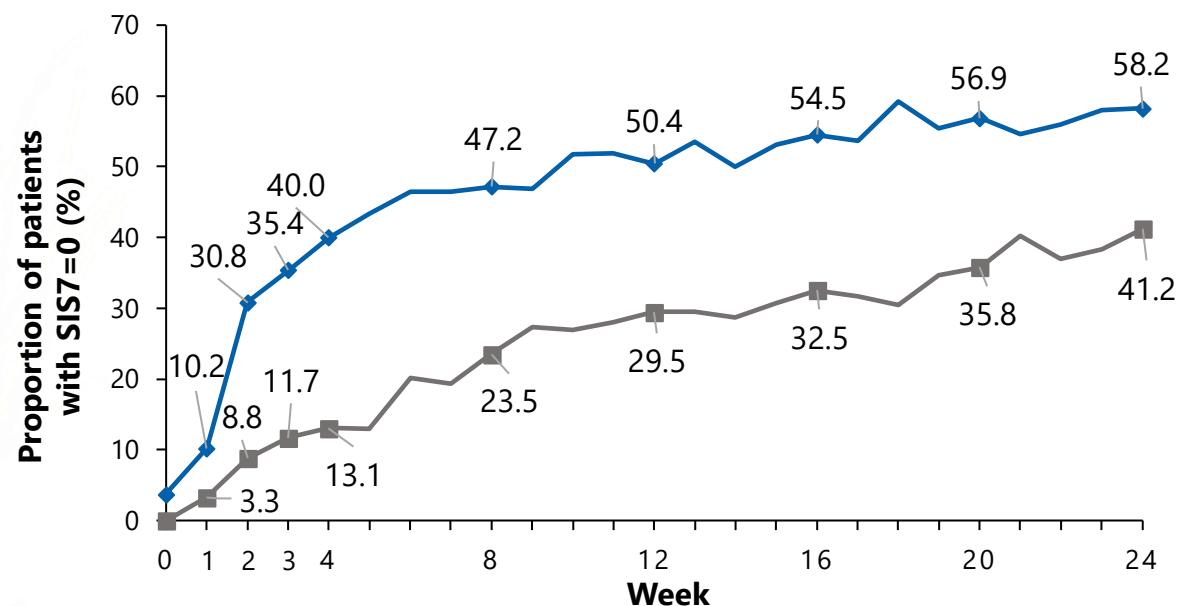
REMIX-1



Remibrutinib 25 mg bid (N=309)

Placebo (N=153)

REMIX-2



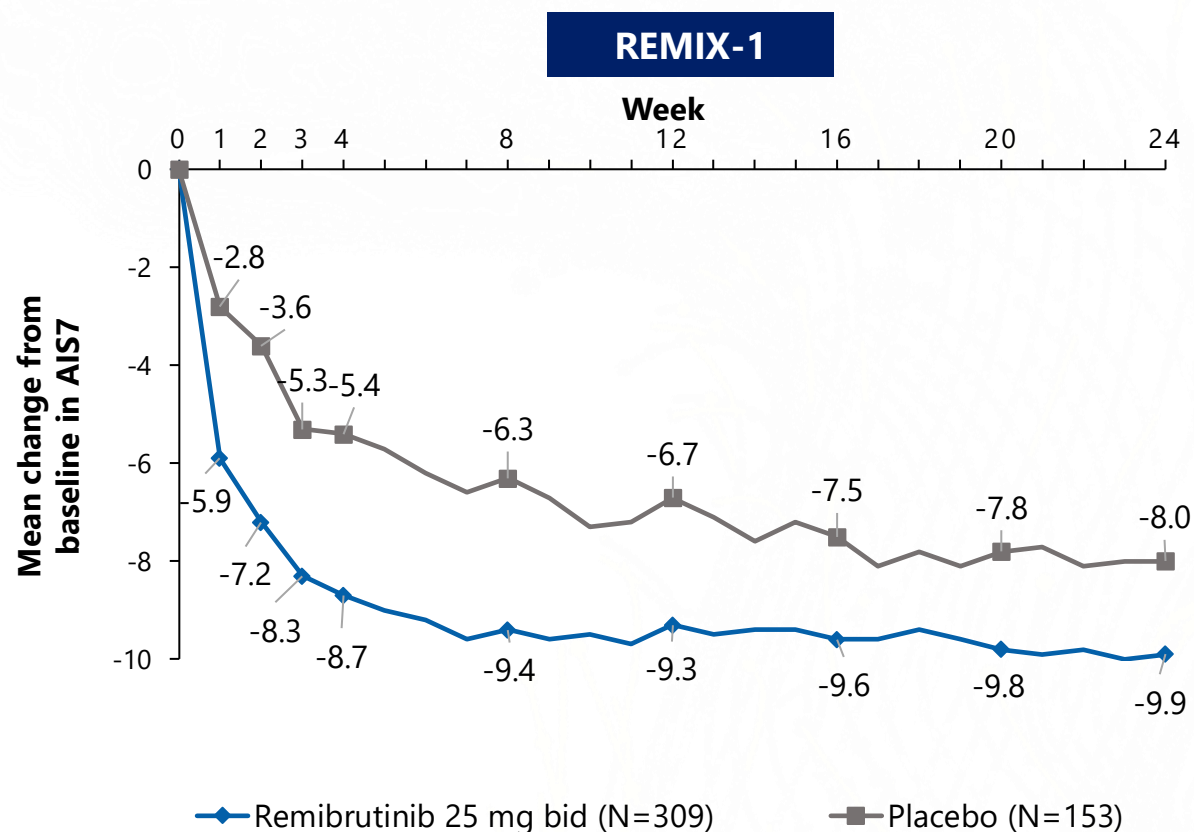
Remibrutinib 25 mg bid (N=297)

Placebo (N=153)

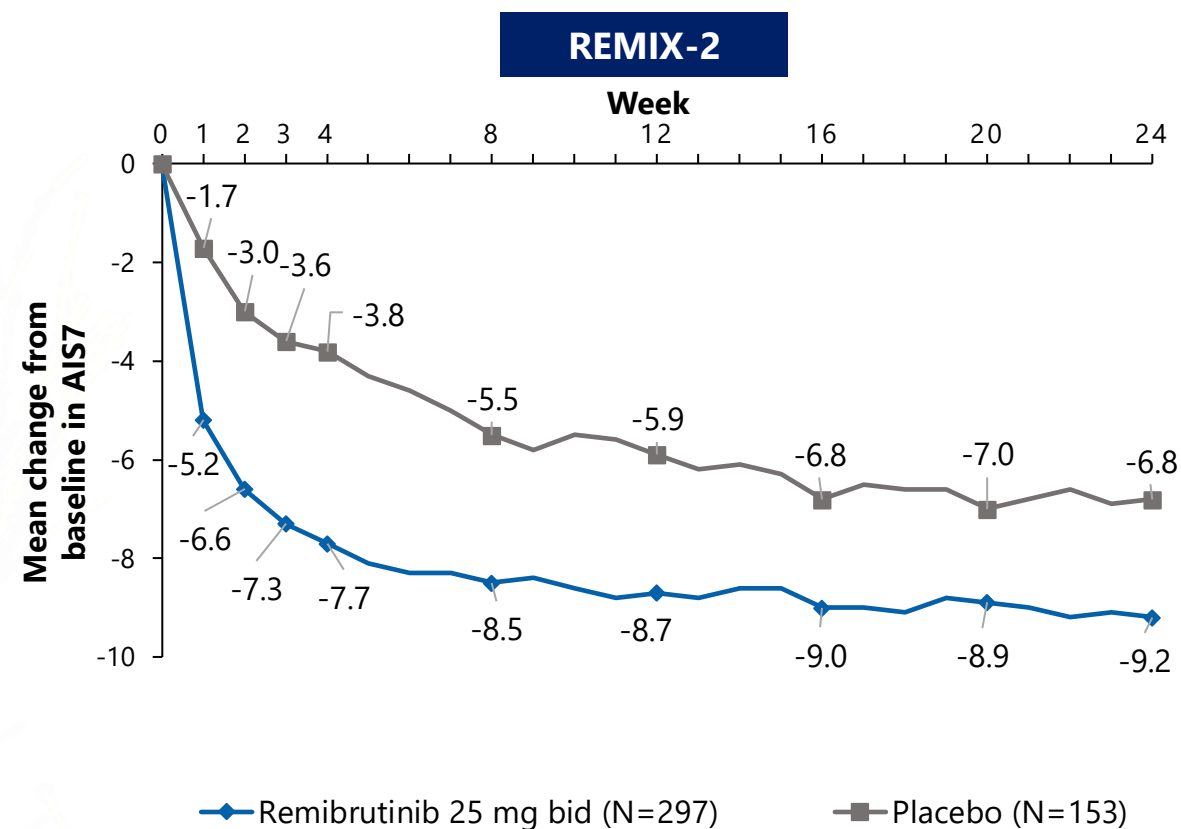
bid, twice daily; N, number of patients on each treatment arm; SIS7, weekly Sleep Interference Score.

<sup>a</sup>Full analysis set; observed data.

# Remibrutinib Reduced the Impact of CSU on Daily Activities (CFB-AIS7), Observed as Early as Week 1, with Continued Improvements up to Week 24<sup>a</sup>



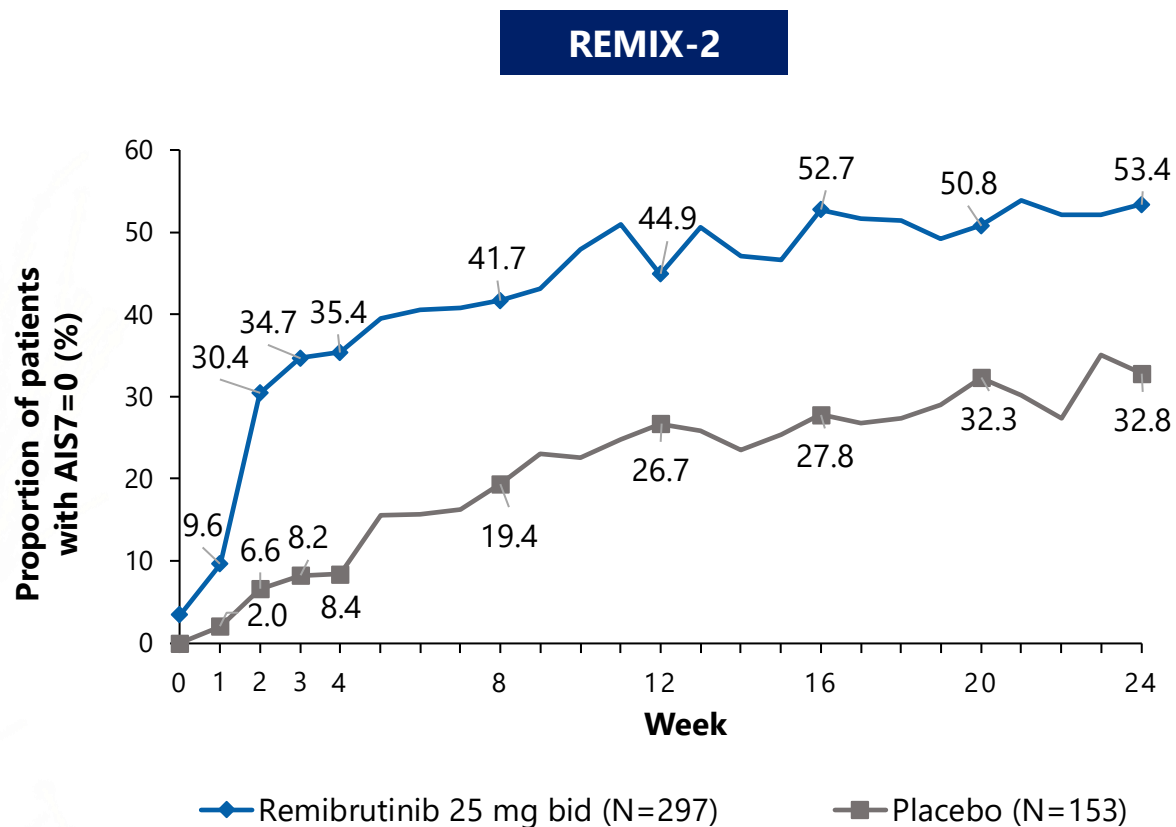
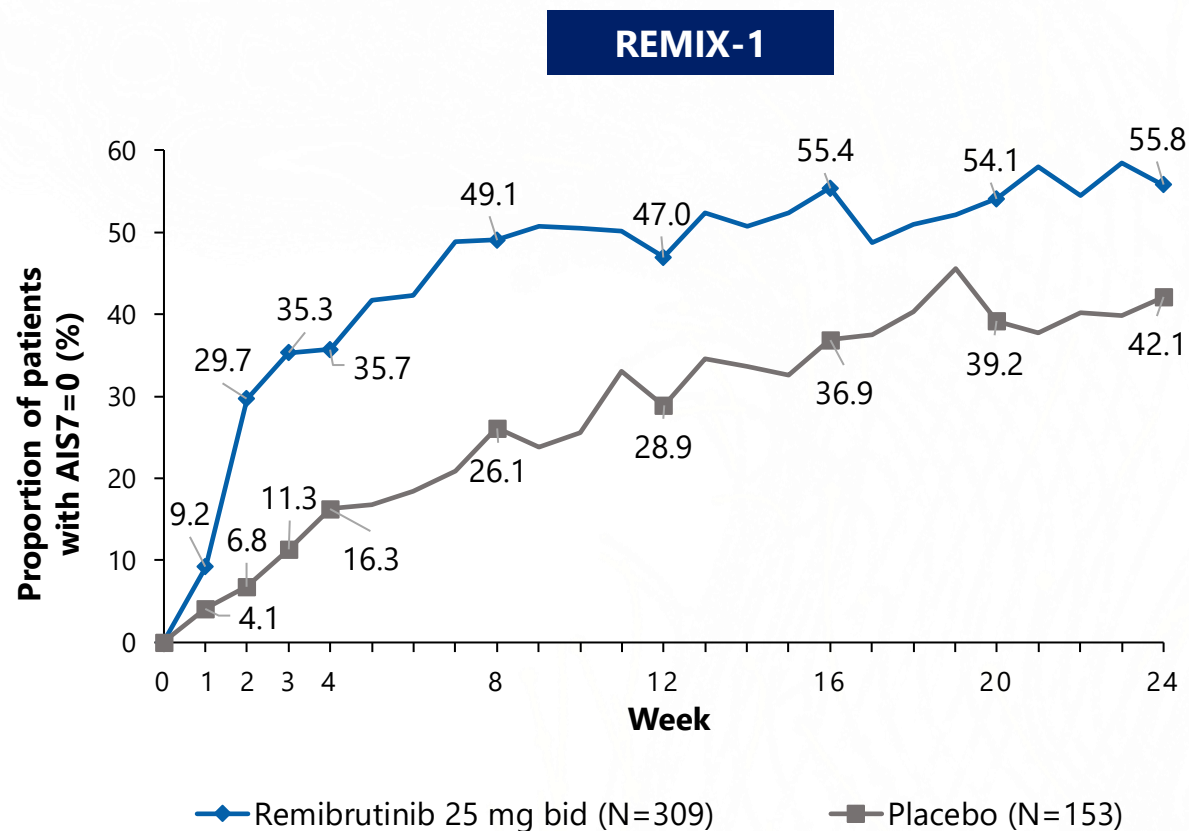
BL AIS7<sup>a</sup> (mean ± SD): **13.1 ± 4.9** (remibrutinib); **13.0 ± 4.8** (placebo)



BL AIS7<sup>a</sup> (mean ± SD): **12.5 ± 5.3** (remibrutinib); **12.3 ± 4.8** (placebo)

AIS7, weekly Activity Interference Score; bid, twice daily; BL, baseline; CFB, change from baseline; CSU, chronic spontaneous urticaria; N, number of patients on each treatment arm.  
<sup>a</sup>Full analysis set; observed data.

# Greater Proportion of Patients on Remibrutinib vs Placebo Achieved No Impact of CSU on Daily Activities (AIS7=0)<sup>a</sup>



AIS7, weekly Activity Interference Score; bid, twice daily; BL, baseline; CSU, chronic spontaneous urticaria; N, number of patients on each treatment arm.  
<sup>a</sup>Full analysis set; observed data.



- In the pivotal **REMIX** studies, **remibrutinib** 25 mg bid **reduced** the **impact of CSU** on **sleep** and **daily activities** versus placebo, which was observed as early as **Week 1** and improved up to **Week 24**
- Treatment with remibrutinib led to **early achievement** of **SIS7=0** (*no impact on sleep*) and **AIS7=0** (*no impact on daily activities*) in a **greater proportion of patients** versus placebo, which further **improved** through to **Week 24**
- **Remibrutinib** has the potential to be an **effective oral treatment option** that may improve **sleep** and **daily activities** in patients with **CSU**

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